MISSOURI STATE MEDICAL ASSOCIATION ALLIANCE ANNUAL REPORTS 2020-2021

Eat, Drink & Be Merry, for Tomorrow...



MSMA Alliance Annual Meeting - Zoom April 24, 2021

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Reports of Elected Officers:

President – Diana Corzine
President-Elect – Barb Hover
Immediate Past President – Gillian Waltman

Vice Presidents:

Foundations – Kathy Weigand & Gillian Waltman Health – Angela Zylka Legislation – Kirk Doan Membership – Jennifer Gast Recording Secretary – Mary Catherine Heimburger Treasurer – Debora Snyder (Report at Annual Meeting)

Reports of Appointed Officers:

Annual Meeting – Allene Wright & Anne Turnbaugh Budget & Finance – Allene Wright Corresponding Secretary – Joan H'Doubler MMPAC – Sandra Murdock

Reports of the Committee Chairs:

Bylaws – Mary Catherine Heimburger & Diana Corzine
Communications/Social Media – Jana Wolfe
Nominating – Gillian Waltman
Resident Physician/Medical Student Spouses – Millie Bever & Angela Zylka
MSMA Alliance Liaison – Liz Fleenor
MSMF Liaison – Debora Snyder (Report at Annual Meeting)
Zoom Master – Sana Saleh

County President Reports:

Buchanan County – Eileen Dyer & Allene Wright
Cape County – Jennifer Gast
Central Missouri Medical Alliance – Mary Catherine Heimburger & Donna Corrado
Greene County – Jana Wolfe & Barb Hover
Kansas City Metro Med – Lissa Young & Millie Bever
SLMMS – Angela Zylka & JoEllyn Ryall, MD

Annual Report of the 2020-2021 MSMA Alliance President, Diana M. Corzine

I enjoyed working with all my board members this year even though the time has been spent virtually and not in person. We all did our best to include all the topics/ideas we originally had in mind for the year. Although as we discovered with the "Stop the Bleed" project, you can only go so far with an idea when most places are closed because of the pandemic and you cannot touch anyone or get closer than six feet.

I also enjoyed attending the Zoom meetings presented by the AMA Alliance for leadership and membership each month.

After my May 8th virtual installation, my timeline and summary of meetings attended follows:

<u>June 4, 2020</u> - I helped Kansas City Metro Med members install co-chairs Lissa Young and Millie Bever at the Vivilore Restaurant in Kansas City. We were seated outside, wearing masks when necessary.

<u>June 30, 2020</u> - First executive board meeting -- At this point we still did not know exactly how long we would be sequestered. We were still hopeful we would be able to have Fall Conference in person.

<u>August 14, 2020</u> - MSMAA Leadership & Business Meeting -- Fall Conference Chair Sana Saleh covered many details about the upcoming conference at The Elms in Excelsior Springs, Missouri. However, at this point we are not sure how many will be able to travel because of Covid. (The in-person conference was cancelled a short time later.)

Sue Ann Greco and Gillian Waltman worked hard to show us how "Stop the Bleed" could become an important educational tool for the alliances. Sue Ann gave a lot of the stipulations about how to go about becoming instructors. Because of Covid classes will need to wait.

Gillian said to think of it like the Alliance encouraging regular folk to be trained in CPR. We would not be the instructors for CPR in most cases but would promote the idea that people in the community should learn about it.

October 3, 2020 - North Central States virtual meeting

In addition to the usual business at a meeting, we had a lecture entitled "How Covid Impacts the Family" and the Keynote Speaker was Dr. Maryland Pao. Dr. Pao is Clinical Director and Deputy Scientific Director of the NIH Intramural Research Program and Acting Clinical Director of the National Center for Complementary & Integrative Health.

Some points to help your family in this unusual time of sheltering at home: Resilience does not mean absence of struggle; part of resilience is asking for help. When teaching something new, pose each trial as a pilot. Important for kids to have routine structure.

After working for a while on something, go out and walk around the block, and then get back to work. For your children's sake remember to lead by example.

(Much more important information was available at this meeting. Please tune in to the AMAA website for more.)

Also Note: At this meeting Grace Wellman announced that the NCS meeting in 2021 will be in ST. LOUIS, MISSOUR!! Date will be sometime in September or October.

October 6, 2020 - MISSOURI STATE MEDICAL ASSOCIATION ALLIANCE, FALL CONFERENCE

This was a virtual leadership meeting with an hour break for lunch after the speakers. Zoom was left on so people could socialize while eating. Several of you took advantage of that and I believe it was successful.

Speakers: Bob Corder, MD (OB-GYN) and Jim Reynolds, MD (psychiatrist)
Dr. Corder told us how he went from being a retired OB-GYN to helping opioid patients. It was interesting and a reminder about the fact that the opioid crisis is still going on.

Dr. Reynolds told us about how his state hospital was coping during the opioid crisis. Also, interesting, and informative. He also sent me his Power Point lecture on serial killers. I have permission to share with anyone who requests it.

October 15, 2020 - AMAA - Vaping by Shelley Schmidt

Vaping is safer than cigarette smoking; but there are currently 3 million vaping teens. Each state has a statewide treatment resource. Here are two to review: truthinitiative.org; nationaljewish.org.

She also said that we really need to have behavioral health staff connected to the schools. Kids caught vaping should not be expelled because it does nothing to help them quit. Something else should be done.

October 17, 2020 - MSMA Council Meeting (virtual)

October 29, 2020 - AMAA Meet & Greet

AMAA Board was introduced and briefly told what they do and where they are from. Next, we had ten minutes of movement and stress reduction, but first we had to take a deep breath and smile! We were reminded to put our phones down ONE HOUR before bedtime. Please remember to refer a new member. We will all need each other this winter. Share the power of membership.

November 17, 2020 -- Donations for the MSMA Alliance Holiday Sharing Card were due by November 17th and were collected by Kelly O'Leary and Gillian Waltman.

November 19, 2020 – AMAA Virtual All Members Meeting – "Diversity, Equity & Inclusion in Healthcare" by Dr. David Rosman, President Massachusetts Medical Society. His program was informative and thought provoking. I will only include a few of his observations here.

Social determinants of health are his focus. A compilation of TWO crises — Public Health Crisis combined with the effects of racism. Housing, transportation, etc. play huge role in the health of an individual. This is something of which physicians are unaware.

In Massachusetts, of 10 communities where the most Covid cases were found, 9 were communities of people of color.

When thinking about initiative or policy, use anti-racist lens. We should try not to use micro aggressions: using comments like "oh, are you the first in your family?"

November 25, 2020 - With the "Hungry Heroes Project" Angela Zylka came up with a way to thank, *in person*, those who are on the front lines of the pandemic at St. Luke's Hospital in St. Louis, Missouri. The day before Thanksgiving colorful bags of snack items were delivered to the ER, ICU, Security and Paramedics covering two shifts. This was very much appreciated by those who had worked so long with little appreciation. More hospitals are planned to be thanked. And thanks also to Sandra Murdock for designing and purchasing the special bags for the project!

<u>December 3, 2020</u> – AMAA Virtual LEADERS MEETING – "How to Use Social Media to Engage & Develop Membership" by Donna Rovito, Physician Family Magazine Editor and Physician Family Social Media Administrator and Jana Wolfe, AMA Alliance Social Media Administrator As you can imagine, there was so much helpful information, I cannot relay all here. If you are interested, PowerPoint is available on our AMAA website: amaalliance.org under the Affiliate Resources tab/online academy.

<u>December 4, 2020</u> – SLMMS Virtual HOLIDAY PARTY – I joined the SLMMS virtual Holiday party thinking it would be a party. As near as I could tell it is really a rundown of everything their members have done in the year to take care of others. I was honored to be part of it, Thank you!

<u>December 5, 2020</u> – "FUNRAISER" virtual fundraiser held by KC Metro Med at Lissa (& Dr. Young's) house. There were so many choices of items, it was easy picking out several Christmas presents. Mrs. Young said the items cost \$302, \$1,177 in sales and \$35 was donated to Rosebrooks in goods. That leaves \$875 to be used on the KC Metro Med projects. Great job!

<u>December 17, 2020</u> – AMAA Virtual Multicultural Holiday Celebration. Speakers: Heather Rifkin, (MS); Lucia Missall, (NV); Meeti Nigam, (NC).

The only comment I can pass on in connection with this meeting was that everyone did an excellent job sharing their favorite traditions with those of us in the audience. I cannot begin to describe how colorful and beautiful their descriptions were. Briefly: Heather Rifkin filled us in on her favorite Jewish traditions.

Lucia Missall, shared her French traditions, including a beautiful picture of the Eiffel Tower lighted up at Christmas.

Meeti Nigam showed some incredible slides of her Festival of Lights.

After I tested positive for Covid:

I was scheduled to attend the January 16, 2021 virtual MSMA Council meeting but was tested positive for Covid shortly before that time and was out of commission. I am still struggling energy-wise and am grateful for Barb Hover's and Gillian Waltman's help with the Winter Board meeting on March 6, 2021.

March 18, 2021 – AMAA Virtual all member meeting – "Should We Stay or Should We Go?" Post-Covid travel information from John Barbian and Jason Derington. Informative.

March 22, 2021 – AMAA Virtual all members meeting – "Stress and the Early Years of the Physician Family" Kelly Houseman is an animated, knowledgeable young woman. She covered

several topics pertinent to the medical student/physician-wife. She is a licensed professional counselor and mental health advocate who has a podcast in the metropolitan Detroit area. Web address: kellysreality.com.

I want to say thank you to Allene Wright for keeping us organized with the budget/finance and annual meeting information. And a big thank you to Deb Snyder whose CPA skills keep us straight.

Allene, Deb Snyder, and Anne Turnbaugh work diligently "behind the scenes" to make sure things run smoothly for the rest of us. THEY ARE APPRECIATED!

Diana M. Corzine 2020-2021 MSMAA President

2020-2021 Annual Report of the MSMA Alliance President-Elect

This is a report of my term as president-elect of the MSMA Alliance.

MSMAA, AMAA, and MSMA Meetings

I attended all meetings of the Missouri State Medical Association Alliance during my year as president-elect and the AMAA annual meeting.

MSMAA meetings were all held virtually during the 2020-2021 term. We were installed as officers by Allene Wright at the MSMAA annual meeting held via zoom on May 8, 2020.

The **American Medical Association Alliance Annual Meeting** was also held virtually **June 6** at which Sue Ann Greco from Missouri was installed as President. I was also installed as an AMA Alliance Director for 2020-2021.

MSMA Alliance Executive Board Meeting June 30, 2020

MSMA Alliance Leadership & Business Meeting was held by zoom conference August 14, 2020. A Stop the Bleed Program was presented by AMA Alliance President Sue Ann Greco and Gill Waltman Immediate MSMAA Past-President.

MSMA Alliance Fall Conference October 6, 2020, board meeting with an update on Opioids by Dr Robert Corder and presentation by Dr. Jim Reynolds on Covid.

I represented Diana who was battling Covid at the MSMA Council Meeting January 16, 2021 (virtual meeting)

I have also attended by zoom the AMAA virtual state leaders calls.

Respectfully submitted,

Barbara Hover MSMAA President- Elect.

MSMA Alliance Immediate Past President Report - 2020-2021

One of the roles of the Immediate Past President, is to serve as the Chair of the Nominating Committee. The members serving on this committee are nominated and elected at the preceding annual meeting. Five members were elected, one serving as an alternate. This committee meeting took place virtually as the annual meeting in St. Louis was cancelled at short notice due to the pandemic. Voting was achieved electronically with ranking preference from each voting member sending their email responses to an impartial recipient (Allene Wright) to tally the votes.

Selecting nominees who are willing to serve in leadership positions is a daunting task for this hardworking committee, especially in the face of a declining membership and limited pool of qualified candidates. (See names of the committee members, and the nominees for the slate in the separate report from the Nominating Committee.)

I wrote individual thank you notes to all those who contributed toward over \$1000 in my honor for the St. Louis Society for the Blind and Visually Impaired, at the end of my term of office. I also wrote a notice about this to be included in the June Show Me Alliance News. (This was never issued.)

Another role of the immediate past president is to guide and mentor the newly installed president. Within a short time after installation, I forwarded many electronic samples of agendas, calendar of events, program outlines, and meeting evaluation forms to use as templates if desired.

Unfortunately, due to the disruptions caused by the pandemic, plans for the annual business meeting (over which I presided) and the installation event were postponed several times from the original April date, until it became clear that no end was in sight, and a commitment was made to arrange these as separate virtual events.

I helped Diana organize her acceptance speech for installation, worked to help with various meetings throughout the year, and encouraged her regularly to send out a monthly greeting to the membership (as I had done even when we could still meet in person) as it seemed even more important to keep members informed when it all went virtual.

I felt a strong responsibility to try to keep up members' interest during the pandemic and try to retain members during this time. Sending out the <u>Show Me Alliance News</u> was another way to keep the members informed. Despite many suggestions to showcase the Alliance through the SMAN, and inform members with monthly email bulletins, very little communication was made. No issues of SMAN were distributed in over a year due to staffing issues at MSMA. I wrote several articles for SMAN (see separate Editorial Committee report) but none has been published to date, as the newsletter has not been completed.

I attended every virtual meeting including the May annual business meeting, the June installations for Diana and Sue Ann, the July Leadership Meeting, Fall Conference and the North Central Meeting in October and the Winter Board Meeting in February.

I prepared and delivered a PowerPoint presentation on the *Stop the Bleed* program for the July 2020 leadership meeting and co-presented with Sue Ann Greco.

I initiated and helped organize the Winter Board meeting in February 2021 with President-Elect Barb Hover presiding (standing in for the president who was indisposed) as a board meeting had not been planned and there was business to conduct, not the least of which was to present the Nominating Committee slate. Zoom master Sana Saleh hosted the meeting which was well attended.

Respectfully submitted,

Gill Waltman
MSMA Alliance Immediate Past President

MSMAA Foundation Annual Report – 2020-2021

There will be no Foundation/Fundraiser dinner held in 2021 as the MSMA Convention and Alliance Annual Meeting were cancelled due to the ongoing restrictions of the pandemic. These meetings will be held virtually, and no fundraising event will take place this year.

In November, Gill Waltman helped Kelly O'Leary (who was installed as Foundation VP in June 2020) spearhead the Holiday Sharing Card project to raise funds for the Foundations. Proceeds from 34 donors amounted to \$3245.00 to benefit the Foundations. Thanks to all who participated! Donation checks were sent to Pat Mills at MSMF and one check to AMAF in Chicago. A list of HSC donors was sent to Liz Fleenor at MSMA to publish in Show Me Alliance News, Missouri Medicine, and place on the MSMA website. These names were not recognized in SMAN as the publication has still not been distributed to members. Donors with St. Louis connections were acknowledged in the January issue of St. Louis Metropolitan Medicine.

Kelly O'Leary resigned as VP Foundation in December, and President Diana Corzine appointed Kathy Weigand to complete the rest of the term.

Respectfully submitted,

Kathy Weigand
MSMAA VP Foundation

Annual Report of the 2020-2021 MSMAA Vice-President of Health Angela Zylka

Dear Alliance Leaders,

- As everyone has stated, this has been a challenging year in Medicine & for us all!
- To honor Sue Ann Greco, our President of the AMA Alliance, we decided to create "Our Hungry Heroes" an actual project that was executed in person.

 This was not virtual.
- First, we applied for an American Medical Association Alliance Grant. We received \$ 300.00. Combined with our St. Louis Metropolitan Medical Society Alliance treasury, monetary & in-kind donations from members, we designed, constructed 250 gift bags to be distributed to our COVID 19 weary Heroes, at St Luke's Hospital, in Chesterfield Mo. The individual gift bags went to the ER, ICU, Security, & Paramedics, covering 2 shifts.
- We delivered these gifts on the Wednesday before Thanksgiving.
- Our recipients were so grateful! They really felt special and noticed for the exceptional work they are doing & continue to perform to keep us alive & safe.
- This Pilot program was so successful, that we decided to do a Valentines event of gift bags at Missouri Baptist Hospital, in St. Louis. We intend to do a 3rd hospital, St Mary's Hospital, in Clayton Mo.
- We would like to thank Sandra Murdock for designing & purchasing the "rose bags" & Cardinal bags, for this project!

Report of Kirk Doan, 2020-2021 VP Legislation; February 26, 2021

The 2021 MSMAA Day at the Legislature was to be held in conjunction with the MSMA White Coat Rally on March 2, 2021. However, in light of the Covid-19 restrictions, the White Coat Rally and Day at the Legislature were cancelled. Here is the notice from the MSMA website:

In response to the ongoing COVID pandemic, Senate and House leadership have requested that advocacy groups such as MSMA not host their annual lobby days this year at the Capitol. We appreciate leadership's efforts to decrease exposure risk both to visiting group members and to those who work in the Capitol. While we would have loved to see our members in person at the Capitol, MSMA instead will transition from an in-person to a virtual White Coat Day.

Join us Tuesday, March 2, 2021 for our Virtual White Coat Day! All physicians from Missouri are invited to attend, regardless of MSMA membership status. If you can't attend your own area's calls, please feel free to register for a different call. If you're feeling really ambitious, join us all day — we might not be able to fill the marble halls this year, but we can certainly fill the screen!

While we didn't have an advocacy role this year, hopefully we can resume our Day at the Legislature activities in March 2022.

I also serve on the Legislative Committee of the AMA Alliance for 2020-2021. I prepared an article on physician covenants not to compete which appeared in the February issue of the AMAA Link magazine.

Respectfully submitted, Kirk Doan February 24, 2021

MSMA Alliance Membership Committee Annual Report - 2020-2021

Due to the Covid-19 pandemic, there have not any in-person activities this year in our state. Several Zoom meetings were held but were mostly attended by board members. Without personal contact at meetings or conferences, or events to invite potential members to, no new members were recruited. Most counties, except Greene County, lost a few members this year as retention was challenging with the pandemic.

County alliance dues are collected at different times of the year, but all counties are encouraged to submit their paid membership dues in a timely manner to MSMA Alliance Treasurer Debora Snyder. We have been promised an updated membership directory, but this has been delayed again and is still a work in progress.

Two counties with the potential to recruit new or re-enlist former members are the Central Missouri Medical Association (CMMA) and the Cape Girardeau Alliance. However, this year did not see any growth due to the pandemic.

Only 56 Regular members have paid state dues:

Buchanan (12)
Cape Girardeau (1)
CMMA (2)
Greene (21)
Kansas City (8)
St. Louis (12)

Respectfully submitted

Jennifer Gast
MSMAA Membership Vice President 2020-2021

MSMA Alliance Recording Secretary Annual Report – 2020-2021

Due to Covid-19 meeting restrictions, all Alliance meetings were held on Zoom as of the Annual Meeting, April 30, 2020. Not being inperson, it became customary for the recording secretary to tape record the minutes to be transcribed later. Zooming required close attention to the screen, occasionally photographing the screen, and close attention to accurately identifying the speaker. When several persons spoke in unison, the task became chaotic. Notes had to be proofed by two persons to assure accuracy in every detail. Zooming may be an art yet to be perfected.

Preparation of Annual Reports

The Annual Reports booklet was mailed to the Board members in time for the April 24, 2021, Annual Meeting held via Zoom. The purpose of the Annual Reports is to inform the membership of the activities, goals, and achievements of its officers and committee chairs for the preceding year. County reports are also helpful in acknowledging the accomplishments at the hometown level.

In addition, it was my privilege to serve on the AMA Alliance Membership Council, directed by Karen Begrove. This committee met each month on the second Tuesday to address member engagement, development, and marketing issues.

Respectfully submitted,

Mary Catherine Heimburger

MSMA Alliance Recording Secretary, 2020-2021

Annual Meeting

MSMA had made the decision in 2019 to make some big changes to the format of their Annual Conventions. In accordance with this change the Alliance was working toward a one-day meeting in April 2021 at the Westin Crown Center. The big changes included elimination of the Foundation Dinner on Friday night and an Installation luncheon on Saturday. Our Foundation Vice-President Kelly O'Leary was working on a small fundraiser on Friday night for Alliance members and doing a fundraising appeal at the MSMA Council Dinner on Friday night (a brochure or donation envelope on the tables). All of our business would be transacted on Saturday, Installation would be held at the close of business on Saturday afternoon and our incoming and outgoing state presidents would be recognized at the MSMA big event following the installation of their new officers for 2021-2022.

In the fall of 2010, Benita Stennis of MSMA notified us that MSMA had made the decision to go virtual with their MSMA Annual Convention. We decided to follow their lead.

Our Annual Meeting will be April 10th and 17th. The Saturday April 10th meeting will be devoted to conducting our business – election of officers for 2021-2022; approval of budget and election of the Nominating Committee plus any other reports. The second Saturday April 17th meeting will be used for Awards, our Memorial Service and Installation of 2021-2022 officers.

We will not be charging a fee or asking for registrations. Sana Saleh will host the meetings on Zoom. THANK YOU Sana!

Respectfully submitted,

Allene Wright Anne Turnbaugh

MSMAA Proposed Budget 2021-2022

Proposed 2021-2022

1. AMAA Ai	\$4,500.00	
2. Miscella	neous Binding of Archives Match Day Pizza Parties Misc. MSMAA Awards Past President's Plaque Past President's Pin Registrtion Fee with the State North Central Meeting basket	\$160.00 \$1,000.00 \$150.00 \$250.00 \$120.00 \$100.00 \$15.00 \$100.00
3. Officers	President President-Elect Recording Secretary Treasurer Corresponding Secretary VP Foundation VP Health VP Legislation VP Membership	\$4,180.00 \$2,700.00 \$240.00 \$450.00 \$115.00 \$500.00 \$500.00 \$300.00
GRAND TOTAL		\$15,680.00
1. DUES TO	INCOME TAL Direct Members (5)	\$1,375.00 \$125.00
2. INTERES	Regular Members (50) 1Savings & CDS	\$1,250.00 \$245.00
3. Transfer GRAND TOT	Savings	\$14,060.00 \$15,680.00
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Missouri State Medical Association Alliance Annual Report 2020 – 2021

Corresponding Secretary

A listing of appropriate cards sent according to subject follows:

CONGRATULATORY

- Sue Ann Greco, St. Louis Metropolitan, installed as AMA Alliance President, 2021-2022.
- Barbara Hover, Greene County, installed as AMA Alliance Director.
- Jana Wolfe, Greene County, upon continuing on AMA Alliance Goverance and Council and Communication Social Media Chair.
- Dr. David Barbe, AMA and MSMA Past President upon being installed as the President of the World Health Organization.
- Barbara Hover, Greene County, elected MSMA Alliance President-Elect.
- Diana Corzine, Buchanan County, elected MSMA Alliance President.
- Mary Schuman, Buchanan County, upon being recognized by the Mayor of St. Joseph, MO, for her Volunteerism in the Arts. Also, receiving the Peggy Iffert Award for outstanding service to the NWS University by the NWSU Alumni Association.
- Elileen Dyer, Buchanan County, for well- deserved recognition by the Women of Excellence with the Lifetime Achievement Award.

THANK YOU

 Gill Waltman, St. Louis Metropolitan, for her willingness to serve as MSMA Alliance for a second year.

GET WELL

- Sana Saleh, Kansas City Metro-Med, following a right hip replacement.
- Diane Corzine, Buchanan County, hospitalized with COVID 19.
- Angela Zylka, St. Louis Metropolitan, recovering from Orthopedic Surgery.

SYMPATHY

- Minou Arabab, Kansas City Metropolitan, upon death of Dr. Ali Arbab.
- Family of Dr. Joseph Johnson Jr., Greene County.
- Family of Robert (Bob) Bondurant, Director, The Missouri Physician Health Program.
- Dr. and Mrs. Thomas Greco upon the death of Sue Ann's mother, Jeanette Smriga.
- Dr. James Riscoe following the death of spouse Kathy in the Spring of 2020.

- Family of Dr. Leo Wyrsh, Greene County.
- Family of Dr. William Yates Trotter, Greene County.
- Family of Marie Prater, spouse of Dr. Thomas Prater, Sr., Greene County.
- Family of Dr. Mac McDonald, Greene County.
- Family of Dr. Phlip LeFevure, St. Louis, MO.
- Family of Dr. Charles Ash, Greene County.

Due to COVID-19 restrictions, many members have missed the camaraderie previously enjoyed. It can be continued via correspondence!

Therefore, you are strongly encouraged to notify the 2020-2021 MSMA Alliance Corresponding Secretary, even belatedly, of any occasion involving a member to whom an appropriate, warm and thoughtful card would be appreciated.

Respectfully Submitted,

Joan M. H'Doubler

MSMA Alliance Corresponding Secretary

MISSOURI STATE MEDICAL ASSOCIATION ALLIANCE

MMPAC Report 2020 2021

MMPAC Public Affairs Report

Sandra Murdock Chair

The MMPAC committee is responsible for collecting donations from MSMA Alliance members to help elect pro medical candidates to the state and national legislature. Our MSMA Council choses legislators to donate to that support our medical interest in Missouri. Information is available from MSMA to the Alliance members on MSMA donations made to candidates that were elected in the November 2020 election. Candidates ask for support from MMPAC. This was a very important election year, so your donations were very important. Thank you to all that supported **MMPAC**.

Our donations do make a difference. The year 2020, due to COVID 19, was different in collecting donations. We were unable to meet in person and collect donations. We met virtually and I instructed MSMAA members to send their donations directly to the MSMA Jefferson City address. The donations could also be made online. The donation information was given at the MSMAA zoom June 20, 2020 meeting and at the virtual MSMAA October fall 2020 conference meeting. MSMAA donation amounts sent in by mail and on line were tallied by the MSMAA office. There were several members that sent in donations.

Information for sending donations to MMPAC for 2021 is given at the MSMAA March 2021 Zoom conference meeting and will be given at the MSMAA annual meeting, April 2021.

Available are envelopes that give you suggestions on the amounts to donate. This was sent by email. Checks are to be made out to **MMPAC**.

Heidi Geisbuhler is the head MSMA lobbyist and Shantel Dowling is a MSMA lobbyist. If you need more detail legislative information feel free to call the MSMA office at 1-800-869-6762. The New MSMA Executive Vice President is Jeff Howell, he can be reached at 1-573-691=4504 or jhowell@msma.org.

Thank you for your support Submitted by, Sandra Murdock

Sandra Murdock

MMPAC Chair 2020-2021

Bylaws Annual Report 2020-2021

The Bylaws Committee did not meet this past year and has nothing to report.

Diana Corzine & Mary C. Heimburger, Co-chairs



Social Media End of Year Report

February 2021 Jana Wolfe

2020-2021 Has. Been. A. Year. One I hope we never see again in our lifetime.

We went from seeing the world through rose colored glasses to the blazing beauty of the genteel pink flamingos. I think we all feel as though we have spent a year holding our breath and standing on one leg in anticipation of being together again. Who knew we would be experiencing a year of confinement to our homes, wearing masks, and canceling a year of gatherings? As we embark on this new year of MSMA Alliance we remain ever hopeful. Hopeful for in-person meetings and get-togethers, to see our families of medicine once more.

Our fearless leader, Diana Corzine, has seen us through the worst pandemic since 1918. Diana has kept us connected via phone calls, e-mails, and ZOOM! Technology! Seeing familiar smiling faces has been heartwarming albeit on a computer screen. Diana kept us together on the home front while our own Sue Ann Greco held us together as a nation. Thank you to both of you. Your leadership and creativity have guided members through these extraordinary times in amazing ways.

Our Facebook page has been filled with attempts to uplift, inform, encourage, educate, advocate, and connect us across the state.

We remain in challenging times for now but with vaccines, masks, and continued social distancing we greatly anticipate a time, soon, when we will be together again.

As of this writing, we have had 178 posts since May 2020 and 212 loyal followers.

We hope to "See You on Facebook".

Respectfully Submitted, Jana Wolfe Jana Wolfe



MSMA Alliance 2020-2021 Nominating Committee Report

The MSMA Alliance Nominating Committee met by Zoom conference on Sunday Feb 21, 2021. Nominees were considered and the slate was filled. The MSMA Alliance Board approved this slate at the Winter Board Meeting held virtually on Saturday March 6, with President Barbara Hover presiding.

The Nominating Committee is pleased to present the following slate of officers to be voted upon by the membership and installed at the Virtual Annual Meeting on April 17, 2021.

MSMA Alliance Officers for 2021-2022

President-elect

Sana Saleh

Vice president (Health)

Angela Zylka

Vice president (Legislation)

Kirk Doan

Vice presidents (Foundation)

Kathy Weigand/Gill Waltman

Vice presidents (Membership) Jennifer Gast/Donna Corrado

Recording Secretary

Mary Catherine Heimburger

Treasurer

Debora Snyder

Many thanks to the Nominating Committee members who were elected to serve on this committee. Special thanks go to Donna Corrado, Joan H'Doubler, Sandra Murdock, Sana Saleh, and Mary Shuman for participating in this annual task to find qualified members to fill these positions. Their opinions and suggestions were invaluable. Thanks also to the nominees who agreed to serve as officers and to support the mission and represent our organization for the 2021-2022 term.

Respectfully submitted,

Gill Waltman

MSMA Alliance Immediate Past President.

Missouri State Medical Association Alliance Report for Medical Student/ Resident Liaisons

By: Millie Bever & Angela Zylka

This report is always full of excitement from activity with the students but this year it was decided to opt-out due to few members and risk associated with Covid-19. We will make next year better for all our schools. The gifts and scholarships will be added to next year Match Day.

The committee for Columbia will remain Mary Catherine Heimburger and Donna Corrado. The event is on hold during covid-19. I offered them the option of pizza sent to the office. They opted out until later.

The committee for Springfield and Joplin is on hold during covid-19.

The St. Louis Committee is Angela Zylka, Sandra Murdock, Sue Ann Greco. The Match Day is again planned by the students and venue is their decision. The regular activities will be presented without the Alliance. Next year we will again contact them when Covid-19 is secure.

The Kansas City Committee is Millie Bever, Lissa Young, Sana Salah, Kathie Hazuka, Kathy Weigand, Allene Wright, Shirley Douglas and Marsha Conant. It will go on as usual, without the Alliance. We will participate in the future after the covid-19 is under control.

MSMA Alliance Liaison Report

2020-2021

It is an honor and a privilege to assist the Alliance in its activities. I attended the Zoom Annual Meeting, the Zoom Executive meeting, and the Zoom Fall Conference Zoom meeting. The majority of our communications were via email blasts as I was working from home and did not have access to my software. I am grateful to Gill Waltman who supplied much of the copy for the emails. We also published information about the Alliance in Missouri Medicine. There was one 2020-2021 year-end wrap up Show Me Alliance News after the 2021-2022 slate of officers was announced, mailed in mid-March. I was also proud to design two banner ads for the AMA Alliance President Sueann Greco.

MSMA looks forward to assisting the Alliance in 2021-2022.

MSMAA Zoom Master Annual report

2020-2021

With the onset of the COVID-19 in March of 2020, the Alliance as with many organizations was forced to cancel all in-person meetings turning to virtual meetings. My role was assigned as a Zoom Master to schedule, email all members of upcoming virtual meetings.

My Zoom account required an annual membership to be subsidized by MSMAA to allow meetings going beyond the free one-hour limit.

In 2020 I scheduled the following Zoom meetings upon the request of the State president(s) past and incoming. I also assisted at the County level at KC Metro Med by holding the "Annual Holiday Boutique" that was out of Lissa Young's home and raised over \$ 800. I also would attach a meeting agenda when available.

Here is a list of the Virtual meetings:

2020

April 30:

MSMAA Annual Business/ Board Meeting

May 8:

MSMAA Installation of Diana Corzine.

June 30:

Executive Board Meeting

August 14:

Leadership and Business Meeting

October 6:

Fall Conference with guest speakers.

November 19: KC Metro Med Annual Holiday Boutique

2021

February 21: Nominating Committee requested by Head of committee and past President, Gillian Waltman.

March 6:

Winter Board Meeting.

Upcoming

April 10:

Annual Board Business Meeting

April 17:

Installation of new President Barbara Hover.

Moving forward with the progress of vaccinations of the populations we hope that in-person meetings will resume in the future.

Respectfully Submitted,

Sana Saleh

Buchanan County Medical Society Alliance

The Alliance has not met this past year. Eileen Dyer, Julie Silliman and friend Nancy Edwards hosted a fun socially distanced celebration for MSMAA President Diana Corzine. The group did donate 875 "You Can STOP Bullies" booklets to the St. Joseph School District in the fall of 2020. We were invited by BCMS to attend any of their programs last year, until Covid cancelled them! Several of us did attend and enjoyed the educational program and social time! Finally we managed to collect dues from 12 members this year.

Eileen Dyer Allene Wright

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Cape County Area Medical Society Alliance Cape Girardeau

2020-2021

No Alliance meetings were held due to Covid-19 gathering restrictions, and in the best interest of members and their families.

Respectfully submitted,
Jennifer Gast, President
Cape County Alliance

Central Missouri Medical Alliance

(Boone County)

Annual Report 2020-2021

The establishment of an all-new Alliance for Boone County has been hampered by the COVID lockdown of 2020-2021.

Our Alliance remains at five paid or honorary members. We have established a bank account with a new tax ID number. Our Charter is a work in progress as are bylaws.

Respectfully submitted,

Mary Catherine Heimburger Donna Corrado Co-Presidents

March 1, 2021

Greene County Medical Society Alliance 2020-2021 End of Year Report

Greene County Medical Society Alliance had a quiet year due to the Covid -19 pandemic. We had numerous in- person activities planned that had to be cancelled. Jana Wolfe and Barbara Hover were again co-presidents.

The AMA Alliance encouraged local Alliances to thank their essential health care workers for their service and the community for their efforts adhering to the health ordinances during this stressful time. GCMSA decided that the best way we could do this was by creating a thank you message for a digital bill board located at a high traffic area in town. Our display was 13' by 9', colorful, and reached our desired target groups. It also educated travelers and reminded the community of the importance of masking and social distancing. This was displayed beginning September 9, 2020.

We had a zoom board meeting in December and decided to try and reschedule for the 2021-2022 year the events we had to cancel this past year.

We are blessed to have the support of Ferrell Duncan Clinic and Mercy Health System for our activities promoting Physician Wellness. We also could not survive without the help of Cathy Leiboult managing director of Greene County Medical Society.

Respectfully submitted,

Barbara Hover co-president GCMSA

Missouri State Medical Association Alliance Metropolitan Medical Society of Greater Kansas City Alliance Annual Report 2021

The Metro-Med of Greater Kansas City Alliance consists of nearly 30 members. We usually meet monthly socially or for service projects like our anti traffic dress making at the home of Ranee Butler. Our challenge remains the same, membership. We enjoy our group and include prospective members and guests but membership numbers remain nearly the same. Our activities for this year were modified by the rules for covid-19 but through the creativeness of our members we still conducted a good year.

Our first meeting was for organization at Panera's Bread on Mission Rd. This was organization, budget and scholarship evaluations. Our business resolved, we went to scholarship selection.

Four were awarded at the Foundation for this year. The nursing scholarship has been in force for nearly 60 years. We are proud of those receiving and serving in the medical field. Millie has had personal experience with them when Dr. Bever was hospitalized three of his nurses had received the scholarships one the night before Millie had given hers personally. Needless to say Dr. Bever's care was outstanding, This yeas Foundation event was virtual.

Our next meeting was at a restaurant, Cooper's Hawk on the Plaza. All covid-19 restriction were observed, food was great, desserts decadent and beverages social. Fun was had by all safely.

Match Day activities are postponed for the Alliance until 2022.

White Coat Rally is in the works.

Anti-Traffic Dress project completion scheduled for March 15 at Ranee Butler's home.

May Outside/Porch Tea and Installation at Lissa Young's home if Covid-19 rules increase we will plan a drive through tea option. We are creative so watch what we do. It has been a great year and we are all blessed to be here:

Millie Bever & Lissa Young

Co-Presidents

SLMMS Alliance Annual Report

Dear Alliance Members,

As everyone has stated, this has been a challenging year for medicine and for all of us. We wish to report the following activities:

To honor our AMAA President, Sue Ann Greco, we created "Our Hungry Heroes" project that was executed in-person! First, we applied for an AMAA Grant and received \$300. Combining SLMMS Alliance treasury money, monetary and in-kind donations from members, we designed and constructed 250 gift bags to be distributed to our COVID-19 weary heroes at St. Luke's Hospital, in Chesterfield. The gift bags went to the ER, ICU, Security, and Paramedics covering two shifts. Delivery was made to the grateful recipients on the day before Thanksgiving. We appreciate the exceptional work they are doing to keep us alive and safe!

This pilot program was so successful, that we decided to do a Valentine's Day Event of gift bags at Missouri Baptist Hospital in St. Louis. In the spring we plan to do an event at St. Mary's Hospital in Clayton. We wish to thank Sandra Murdock for designing and purchasing the "rose bags" and the Cardinal bags, for this project. Thank you, Sandra!

Our Holiday Party was a virtual event featuring: Dr. Sam Page, St. Louis County Executive; Mr. Kenny Murdock, Dir. of Diversity & Inclusion, St. Louis County; Mr. David Nowak, Executive V.P. SLMMSA, who presented us with a \$500 check from SLMMS for the Alliance Health Projects. We donated it to the St. Louis Foodbank. This was enough to feed 2000 people! In addition, we made our annual donation to St. Martha's Hall, a women's shelter.

Sincerely,

Angela Zylka & JoEllen Ryall Co-Presidents SLMMS Alliance

